Mitchell & Deerspring Pools
Deerfield Park District

POOL FACILITY RULES

ALL EMPLOYEES MUST BE TREATED WITH RESPECT AND SPOKEN TO CALMLY; VERBAL ABUSE WILL NOT BE TOLERATED. POOL MANAGEMENT RESERVES THE RIGHT TO ENFORCE STRICTER OR SUPPLEMENT RULES LISTED HERE, AND TO EXPEL INDIVIDUALS FROM THE FACILITY FOR VIOLATING ANY OF THESE RULES

POOL ADMISSION

- Individuals ages 13+ may enter unsupervised, children 12 and under must be accompanied by an adult 18 years of age or older.
- Refunds will not be issued, even in the event of pool closures due to emergencies or weather. Hand stamps or receipts will be used to allow re-entry on the same day.
- Admission to the pool may be denied to individuals with contagious diseases or infectious conditions, including; colds, ringworm, foot infections, skin lesions, boils, diarrhea, vomiting, eye infections, and ear infections.
- Individuals under the influence of alcohol or drugs, or exhibiting erratic behavior, may be denied admission to the pools.

GENERAL POOL

- Shower in locker room before entering the pool area.
- Do not ingest pool water.
- Only children 4 years of age and under are allowed in the Mitchell kiddie pool.
- Non-toilet-trained children must wear swim diapers under their swimsuit.
- Diving is restricted to designated Diving Well area; diving off starting blocks or elsewhere is not permitted.
- Lap lanes are reserved for lap swimmers only; loitering is not permitted.
- Do not hold onto the lane lines.
- Management may call 20-minute safety breaks at 2:30 PM and 4:30 PM during public swim, for reasons including:
    - Allows staff to clear the pool for an unobstructed view of the pool bottom.
    - Provides younger swimmers a restful break, preventing fatigue from prolonged swimming.
    - Offers an opportunity to reapply sunscreen.
- Jumping from the side of the pool must be first and forward; back jumps or spins are not permitted.
- Roughhousing and dangerous play is not permitted:
    - Including; pushing, extreme splashing, holding or pushing someone underwater, chicken fights etc.
    - Do not throw toys across the pool or facility.
    - Avoid splashing people who are not part of your group.
    - Breath-holding competitions are not permitted.
    - Avoid any activities that could jeopardize the health, safety, or well-being of yourself or others.
- Prohibited items include: mermaid tails, inflatable rafts, water guns, and toys harder than a tennis ball.
- Smoking, vaping, or alcohol is not permitted.
- Glasswaare is not permitted.
- Obscene language is not permitted.
- Littering is not permitted.
- Harassment of patrons or employees is not permitted and will not be tolerated.

POOL DECK/LOCKER ROOMS

- Use of cell phone or camera is not permitted in locker rooms.
- Changing or public nudity on pool deck is not permitted.
- Eating and drinking only allowed on the concessions deck.

DIVING WELL/WATER SLIDES

- Do not use goggles, life vests, or floaties while diving or sliding.
- Swimmers must jump straight out and be capable of swimming to the side unassisted.
- Double bounces or backward jumps on the diving board, and changing orientation on the slide is not permitted. Swimmers will receive one warning; subsequent infractions may result in removal from the pool.
- Slide users must go feet first and lie on their back; spinning is prohibited.
- Only one swimmer at a time is allowed on the diving board or slide.
- Wait for the lifeguard's signal or until the landing area is clear before proceeding.
- The slide height requirement of 42 inches is strictly enforced.
- Jewelry or accessories are not permitted on the slides or diving board.
- Individuals who are pregnant, elderly, have heart disease or high blood pressure should consult with a physician before using the slide.

LIFE JACKET/FLOATION DEVICES

- Parents or guardians must check in with the lifeguard office before using pool life jacket.
- A parent or guardian must remain within arm's length of the swimmer wearing a life jacket at all times.
- All flotation devices must be U.S. Coast Guard approved.
- Flotation devices are not permitted while using the diving board or slide.